C001BP

Vitality™ Series Selectorized

Chest Press III

Grip Variety and Size

The various grip options allow for a wide and narrow grip movements, providing exercise variety. The oversized grips provide comfort while pressing.

Adjustable Start Position

The seat and back pad adjustments allow the exerciser to easily adjust the start position to fit their body for a comfortable workout position.

Easy Entrance and Exit

The low pivot of the movement arm ensures proper path of motion and easy entrance/exit to and from the unit.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 39 x 52 x 69 in / 98 x 133 x 175 cm

Equipment Weight: 462 lb / 210 kg Weight Stack: 240 lb / 109 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit <u>www.precor.com</u> for warranty terms.

Color Options*

Frame Upholstery

Black Pearl Black





COO5BP

Vitality™ Series Selectorized

Leg Extension III

Seat Angle

The seat is set at the optimal angle to ensure exercisers can fully extend their legs and get a complete contraction of the leg

Adjustable Start Position

The start position is designed to fit all exercisers and can be easily adjusted.

Ensures Proper Alignment

The adjustable back pad allows for proper knee-pivot alignment to reduce sheer force on the knee joint.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 49 x 45 x 60 in / 125 x 114 x 152 cm

Equipment Weight: 474 lb / 215 kg Weight Stack: 200 lb / 91 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Upholstery

Black Pearl



C008BP

Vitality™ Series Selectorized

Inner / Outer Thigh III

Adjustable Start Position

The start position is designed to fit all exercisers and can be easily adjusted.

Two Exercises, One Machine

With only a simple adjustment to the center peg, the exerciser can easily switch between movements for the inner and outer thigh.

Dual Foot Pegs

Exercisers can choose from foot pegs placed at multiple distances to ensure a comfortable fit.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 65 x 32 x 60 in / 166 x 81 x 152 cm

Equipment Weight: 447 lb / 203 kg

Weight Stack: 170 lb / 77 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*



Upholstery

Black Pearl



C010BP

Vitality™ Series Selectorized

Leg Press / Calf Extension III

Walk-through Design

This convenient design allows exercisers to enter and exit on either side of the unit, a very beneficial feature when space is limited.

Large Foot Platform

The large foot platform allows exercisers of all sizes to adjust foot placement as needed, and have the space to change positions for exercise variety.

Smooth Motion Path

The design of the foot pad assembly ensures that there is a smooth and natural path of motion, much like that of a standing squat.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 76 x 44 x 69 in/ 192 x 111 x 175 cm

Equipment Weight: 631 lb / 287 kg Weight Stack: 295 lb / 134 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit <u>www.precor.com</u> for warranty terms.

Color Options*



Upholstery

Black Pearl

Black



C014BP

Vitality™ Series Selectorized

Abdominal **#**

Get to the Workout Quicker

With an open design that requires no adjustments, the Abdominal gets exercisers to their workout quickly.

Focus on Comfort

Contoured shoulder pads auto-adjust to conveniently fit all exercisers while the cushioned rubber hand grips add comfort and support for the exercise.

An Effective Core Workout

The elevated foot rest allows the exerciser to focus on full abdominal contractions, and helps to isolate the necessary muscles for an effective core workout.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 57 x 38 x 60 in / 144 x 97 x 152 cm

Equipment Weight: 480 lb / 218 kg

Weight Stack: 200 lb / 91 kgAdd-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit <u>www.precor.com</u> for warranty terms.

Color Options*













CO15BP

Vitality™ Series Selectorized

Rear Delt / Pec Fly III

Adjustable Positions

An easy start position and dual hand positions provide variety for both the pec fly and rear delt movements.

Support for Both Movements

The long, narrow pad provides back support for Pec Fly exercise and chest support for Rear Delt movement.

Ensures Proper Positioning

To ensure proper positioning in both exercises with minimal adjustments, the arms automatically pivot when the exerciser enters, adjusting to various arm lengths and positions.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 56 x 54 x 78 in / 141 x 136 x 199 cm

Equipment Weight: 431 lb / 196 kg Weight Stack: 240 lb / 109 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame
Black Pearl

Upholstery





C024BP

Vitality™ Series Selectorized

Multi-Press III

Three Exercises, One Machine

The Multi Press saves valuable space by combining three pressing movements—bench press, incline press, decline press—in one

Similar to Free Weight Positions

When using the Multi Press, exercisers will quickly feel how similar it is to using free weights for the same exercises.

Get Exercising Faster

The remote start adjustment allows the exerciser to easily adjust their start position from within the machine, getting them to their workout faster.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 72 x 58 x 69 in / 182 x 148 x 175 cm

Equipment Weight: 568 lb / 258 kg Weight Stack: 240 lb / 109 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame

Upholstery

Black Pearl





CO25BP

Vitality™ Series Selectorized

Biceps Curl / Triceps Extension III

Even Resistance with No Dead Spots

The movement arm design ensures that exercisers experience smooth resistance through the entire range of motion, eliminating common dead spots found in similar machines.

Get Exercising Faster

The start position is easily adjusted while the exerciser is sitting in the unit, allowing them to get moving faster.

Low Starting Lift Weight

The counter-balanced movement arm provides exercisers with a low starting lift weight.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 52 x 42 x 60 in / 132 x 108 x 152 cm

Equipment Weight: 440 lb / 200 kg

Weight Stack: 170 lb / 77 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame

Upholstery

Black Pearl



C026BP

Vitality™ Series Selectorized

Pulldown / Seated Row III

Two Exercises - One Machine

Because the Pulldown / Seated Row accommodates both the lat pull down and mid-row exercise movements, it saves valuable floor space.

Convenient Bar Storage Resists Wear

The row bar storage keeps the bar out of the way when the pull down is being used. With a protective coating the storage plate resists scratches and dents.

Adjustment to Fit Most

The thigh hold-down pad features an easy-to-adjust mechanism to accommodate most exercisers.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 79 x 52 x 87 in / 200 x 131 x 220 cm

Equipment Weight: 495 lb / 225 kg Weight Stack: 220 lb / 100 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit <u>www.precor.com</u> for warranty terms.

Color Options*

Frame

Upholstery

Black Pearl



CO27BP

Vitality™ Series Selectorized

Leg Curl / Leg Extension III

Easy Entrance and Exit

The location of all the adjustments on the Leg Curl / Leg Extension allow the exerciser a clear the path for an easy entry and exit.

Find the Fit While Seated

The start position and roller pads can be easily adjusted from the seated position, making it easier for the exerciser to get in and fit the machine to their needs.

Low Starting Lift Weight

The counter-balanced movement arm provides exercisers with a low starting lift weight.

Helpful Guidance

The conveniently located instructional placard provides step-bystep guidance on body position, movement and muscles worked.

Specifications

Dimensions (L x W x H): 55 x 45 x 60 in / 140 x 113 x 152 cm

Equipment Weight: 574 lb / 261 kg Weight Stack: 240 lb / 109 kg Add-on Weight: 5 lb / 2.5 kg

Frame and Finish: Heavy-duty steel tubing is fully welded in all

structural areas. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame

*Colors may vary.

Upholstery

Black Pearl Black

