

# Peloton Bike+ Pro

## An elevated workout for an elevated facility

Bike+ Pro delivers a fun, premium workout with thousands of guided classes across cardio and strength and a next-level Auto-Resistance feature. With a small footprint, Pro Subscription, and limited commercial warranty, it's a win for exercisers and operators alike.



## The features

### Swivel Screen

One piece of equipment, countless ways for your exercisers to work out. They can rotate the 23.8" HD touchscreen to switch seamlessly from cycling to strength, yoga, Pilates, and more.



### Auto-Resistance

During a ride, exercisers can activate the Auto-Resistance feature to sync Bike+ Pro to instructor cues, allowing them to ride and climb at the right intensity without needing to adjust it manually. Plus, automatic resistance calibration at the beginning of each ride ensures a consistent experience every time.



### A smoother ride

Supportive handlebars, ergonomic adjustment knobs, and our most comfortable saddle yet come together to create an even more enjoyable ride for beginners and pros alike. Plus, dual-sided pedals make Bike+ Pro compatible with either athletic or cycling shoes.

### Personalized insights and guidance

Bike+ Pro gives exercisers weekly performance insights, cardio Performance Estimates, and personalized class recommendations to help them get the most out of their workouts.\*



### Upgraded connections

Bike+ Pro comes with Bluetooth® 5.2 and Wi-Fi 6 with WPA3 support, so that exercisers can hop on and get connected without any technical difficulties.

### Small footprint, huge results

Bike+ Pro delivers maximum results but takes up minimal space. It fits in the space of a yoga mat, making it an easy addition to any cardio floor.

\*Weekly performance insights require at least 3 recent non-meditation workouts. Cardio Performance Estimates requires at least 3 recent workouts of the relevant discipline. Personalized class recommendations require at least 5 recent workouts. Personalization must be enabled.

## Bike+ Pro



### Exerciser experience

#### An unforgettable workout they'll keep coming back for

With thousands of classes led by Peloton's best-in-class instructors—and tons of unique Programs, Challenges, and Collections to enjoy—exercisers will return again and again to Bike+ Pro.

#### Difficulty levels and class lengths that suit every rider

Exercisers will enjoy classes that challenge them appropriately, whether they're on day 1 or day 1,000 of their fitness journey. And with classes from 5–120 minutes long, there's something for every schedule.

#### Unique workout options beyond traditional classes

Exercisers can enjoy immersive Scenic rides, virtual game-inspired workouts, or simply ride at their own pace. Plus, adaptive training options ensure a wide range of exercisers have workouts designed for them.

#### Multiple fitness disciplines to choose from

Bike+ Pro offers so much more than cycling. With 10+ fitness disciplines available, exercisers can ride, lift, stretch, practice yoga, do Pilates or barre, and much more, all with the turn of the Swivel Screen.

### Next-level features

#### Personalized Recommendations

Exercisers receive daily class recommendations based on their recent workouts and fitness goals, saving time and keeping routines fresh.\*

#### Insights and Analysis

Exercisers receive weekly performance insights for a personalized look into how they worked out recently and where they should push next.\*

#### Performance Estimates

Peloton analyzes an exerciser's workout history to predict personalized difficulty levels for cardio classes, helping them train effectively.\*

#### Power Zones

During a Power Zone class, instructors cue different Power Zones to aim for, motivating exercisers to adjust their cadence or resistance appropriately and reach new limits.

\* Weekly performance insights require at least 3 recent non-meditation workouts.

Cardio Performance Estimates requires at least 3 recent workouts of the relevant discipline.

Personalized class recommendations require at least 5 recent workouts.

Personalization must be enabled.

### Pro Subscription

#### Unlimited users with access to thousands of classes

With the Peloton Pro Subscription, an unlimited number of exercisers can log in or create an account. This means exercisers can work out as much as they want in your fitness center with Peloton at no cost to them.\*\*

#### Enhanced security features

Enhanced security for your facility and exercisers, including timed auto-logout and PIN-protected device settings.

#### Dedicated commercial support

Peloton is here to help, with devoted commercial service and support, a limited commercial warranty, and a marketing toolkit to help you promote Bike+ Pro in your facility.

\*\*Separate Pro Subscription required for each piece of equipment. Commercial Preventative Maintenance sold separately.

# Bike+ Pro specifications

## Measurements

**Dimensions:** 54" L x 22" W x 60" H (137 L x 56 W x 152 H cm)

**Weight:** 144 lb (65 kg)

## Exerciser requirements

**Height range:** 4'11" – 6'5" (150 – 196 cm)

**Weight maximum:** 297 lbs (135 kg)

**Age minimum:** 14+

## Construction

**Frame:** Welded steel, ED & powder coated

**Resistance:** Magnetic with digital adjustment

**Drive:** Poly V® power transmission belt drive

**Seat:** Comfort Saddle offers extra padding and wider coverage for lasting support and pressure relief

**Crank arms:** 170mm length forged steel

**Bottom bracket:** Industrial grade bearings with ISIS splined spindle

**Pedals:** Dual-sided with both SPD-compatible clips and cages to allow for use with cycling shoes or athletic shoes

**Warranty:** 3-year commercial limited warranty for touchscreen, components and labor (with standard 6 mo limited warranty for pedals and 5 year limited warranty for frame), see details at [business.onepeloton.com/warranty-for-commercial-use](https://business.onepeloton.com/warranty-for-commercial-use)

## Technology

**Screen:** 23.8" (60.5 cm) Full HD rotating, anti-reflective Multitouch

**Camera:** Camera disabled

### Sound:

- Compatible with Bluetooth® headphones
- Supports standard headphones through USB-C Adapter

### Connectivity:

- WiFi 802.11 a/b/g/n/ac/ax - 2.4GHz & 5GHz
- 100 Mbps Ethernet compatibility through USB-C Accessory Port via USB-C-to-Ethernet adapter dongle (not included)
- Bluetooth® 5.2

### Device pairing:

- Uses the Peloton Watch App to pair with Apple® or Wear OS watches
- Compatible with Bluetooth® Heart Rate Monitors & Headphones

### Download / Upload speed:

- >10-15 Mbps, >2.5 Mbps

**Power requirements:** 100 V to 240 V, 50 Hz to 60 Hz, 3.25 A Max

## Network requirements

### Recommended Requirements

- Physical Connection
- Wired Connection recommended (through USB-C ethernet adapter, not included)
- WiFi with WPA3 5Ghz or 2.4 Ghz band
- WPA2 supported

### Download speed / Upload speed

- >10 Mbps, >1 Mbps

### Firewall:

- All outbound traffic is allowed
- No Captive Portal
- No URL Filtering Direct Internet Access (No Proxy)

### IP address assignment

- Dynamic DHCP is recommended
- Static DHCP is supported
- Public IP not required

### Not Supported:

- Remote management