

GLUTE HAM



BNCH-GHD TAG GLUTE HAM

- Vertical and horizontal adjustments ensure proper fit for any size user
- Isolates lower posterior muscles, Works glutes, hamstrings, calves, abs and obliques in one machine
- Oversized pads for comfort
- Lifetime Welds, 6 months Upholstry and Parts
- Commerical Rated
- Color: Silver Frame; Black Pads
- 11 Guage Steel Construction
- Dimensions: 51 H x 33 W x 79 L

