

RSLO310

Resolute™ Strength Selectorized Line

Diverging Seated Row



Resolve to make your selectorized strength equipment purchase with confidence—choose the Resolute™ Strength line from Precor. It delivers on what matters most: your investment will withstand the test of time.

The Resolute Strength Diverging Seated Row lets exercisers enjoy a natural-feeling rowing motion without the hassles of oars and water. Independent movement arms allow for targeted training to develop and improve back strength and proper posture.



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Resolute™ Strength Selectorized Line

Diverging Seated Row III

Biomechanically Sound

The Resolute Seated Row features independent movement arms that diverge as they draw back for a natural-feeling rowing motion. This provides better engagement of the back muscles, including the lats, trapezius, biceps, deltoids, and the rhomboids. The multi-grip option handles are angled to reduce wrist stress during the exercise.

Designed to Go the Distance

The upholstered pads of the Resolute Seated Row underwent 1.2 million cycles of testing to ensure that this machine will be a durable workhorse for any facility. A contemporary, low profile design across the Resolute line gives even small facilities an open, spacious feel.

Focused on the Experience

The upright, open design makes the Resolute Seated Row easy to access. The adjustable chest pad, in combination with the gas-assisted ratcheting seat, make it easy to get the proper fit and stabilization throughout the movement.



Specifications

Dimensions (L x W x H): 63 x 55 x 58 in / 160 x 140 x 148 cm

Weight Stack Tower Height: 58 in / 148 cm

Equipment Weight: 616 lb / 280 kg

Weight Stack: 240 lb / 109 kg

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl Gloss Metallic Gloss White**

* Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

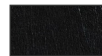
Shroud



Tungsten

* Custom shroud wraps are available at an additional cost.

Upholstery



Black

Additional Upholstery Options**



Grey Slate Candy Apple All Spice Bucksuede



Burgundy Royal Blue Blue Jay Chocolate Hunter Green

* Additional upholstery options may have longer lead times. Please contact a sales representative.
* Colors may vary.