

GLUTEBUILDER® PLATE LOADED

Glute Press

GPL0604



Developed in partnership with Glutebuilder and exclusively available from Precor, the Glutebuilder line is a full range of products dedicated to targeting the glutes, legs and hip muscles. The precision biomechanics create an exact motion path with smooth, constant resistance ensuring effective and efficient workouts. The multiple adjustment points allow exercisers to find the perfect fit and range of motion for each exercise.

The Glute Press was designed to target the hips, glutes, and quads. The four weight-loading points enable exercisers to optimize resistance throughout the range of motion, allowing for adjustments to lighter or heavier loads at different stages of the movement. The adjustable multi-angle backrest offers exerciser versatility, while offering a comfortable and efficient workouts for a wide range of exercisers.



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Product Features

PRECISION BIOMECHANICS

A unique downward curved motion path specifically targets the hips and glutes, and multiple weight plate loading points provide an adjustable resistance profile.

OVERSIZED FOOTPLATE

Unlike traditional leg presses, the adjustable shoulder pads and oversized non-slip footplate offer exercisers stability throughout the movement while providing the option for single-leg variations.

PERSONALIZED RANGE OF MOTION

The unique multi-angle backrest features four easily adjustable positions that enable targeted emphasis to shift between the glute and quadriceps muscles, providing a customized range of motion along with easy entry and exit.

EXERCISE PROGRESSION

Connection points for resistance bands offer exercisers the ability to add additional challenge to the movement.



Specifications

Dimensions (L x W x H): 91 x 55 x 58 in / 231 x 141 x 147 cm

Product Weight: 701 lb / 318 kg

Max User Weight: 350 lb / 159 kg

Max Lift Load Capacity: 660 lb / 300 kg

Starting Weight: 40 lb / 18 kg

Weight Storage Horns: 4

Recommended Plates: 4 x 45 lb, 2 x 35 lb, 2 x 25 lb, 2 x 10 lb

Frame and Finish: Heavy-duty steel tubing is welded in all structural areas to withstand the most demanding training environments. Powder coated frame.

Warranty: Visit www.precor.com for warranty terms.

Color Options*

Frame



Black Pearl

Gloss Metallic Silver

Gloss White**

Upholstery



Black

Additional Upholstery Options**



Lite Grey

Grey

Slate

American Beauty

Candy Apple

All Spice



Bucksuede



Burgundy



Royal Blue



Blue Jay



Chocolate



Hunter Green

*Custom frame colors are available, subject to minimum order quantities and extended lead times.

**Additional lead time applies.

• Additional upholstery options may have longer lead times. Please contact a sales representative.
• Colors may vary.

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