PELOTON for Business

Peloton Row+ Pro

A full-body workout for a full range of exercisers

With thousands of motivating-meets-challenging workouts, a Form Assist tool that helps beginners and experts alike row their best, plus a Pro Subscription and limited commercial warranty, Row+ Pro is an easy choice for exercisers and operators.

The features

Swivel Screen

One piece of equipment, countless ways for your exercisers to work out. They can rotate the 23.8" HD touchscreen to switch seamlessly from rowing to strength, yoga, Pilates, and more.

Near-silent drive train

Row+ Pro's magnetic resistance makes for a smooth, near-silent workout that minimizes noise in your facility, even as rowers give it their all.

Simple stowability

In case your facility floor plan changes, front wheels make it easy to move, while an Upright Wall Anchor provides compact vertical storage.**

Personalized insights and guidance

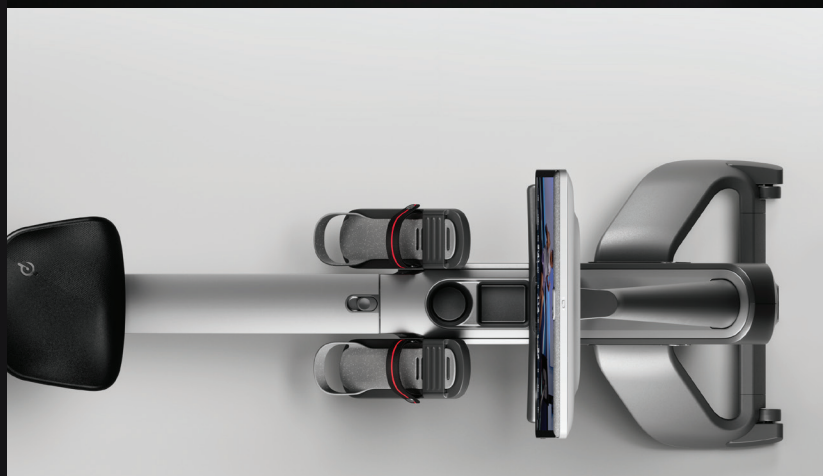
Row+ Pro provides weekly performance insights and class recommendations to help exercisers make the most of their workouts, plus the Form Assist tool which uses real-time feedback to teach proper form.*

Ergonomic design

Exercisers will enjoy a supportive seat, sturdy handle, and adjustable hook and loop foot-straps for a simple, comfortable set-up each time.

Upgraded connections

Row+ Pro comes with Bluetooth® 5.2 and Wi-Fi 6 with WPA3 support, so that exercisers can hop on and get connected without any technical difficulties.



* Weekly performance insights require at least 3 recent non-meditation workouts. Personalized class recommendations require at least 5 recent workouts. Personalization must be enabled.

** To avoid risk of accidental tip over and serious injury, never store the Peloton Row vertically without properly installing and using the Peloton-provided Upright Wall Anchor.

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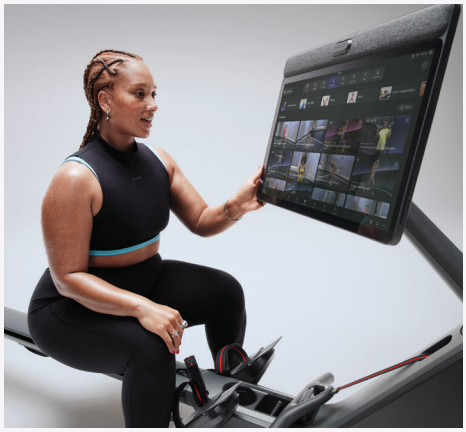
Row+ Pro



Exerciser experience

An unforgettable workout they'll keep coming back for

With thousands of classes led by Peloton's best-in-class instructors—and tons of unique Programs, Challenges, and Collections to enjoy—exercisers will return again and again to Row+ Pro.

Difficulty levels and class lengths that suit every rower

Exercisers will enjoy classes that challenge them appropriately, whether they're on day 1 or day 1,000 of their fitness journey. And with classes from 5–60 minutes long, there's something for every schedule.

Unique workout options beyond traditional classes

Exercisers can enjoy immersive Scenic rows or simply move at their own pace.

Multiple fitness disciplines to choose from

Row+ Pro offers so much more than rowing. With 10+ fitness disciplines available, exercisers can row, lift, stretch, practice yoga, do Pilates or barre, and much more, all with the turn of a screen.

Next-level features

Form Assist

A helpful on-screen visual gives rowers real-time feedback (think: "Bending Knees Early") and post-workout form insights, helping anyone new or returning to rowing perfect their strokes in no time.

Personalized Recommendations

Exercisers receive daily class recommendations based on their recent workouts and fitness goals, saving time and keeping routines fresh.*

Insights and Analysis

Exercisers receive weekly performance insights for a personalized look into how they worked out recently and where they should push next.*

Pace Targets

With Personal Pace Targets, exercisers can customize each class to their ability and keep track of how hard they should be working based on their pace level.

* Weekly performance insights require at least 3 recent non-meditation workouts.
Personalized class recommendations require at least 5 recent workouts.
Personalization must be enabled.

Pro Subscription

Unlimited users with access to thousands of classes

With the Peloton Pro Subscription, an unlimited number of exercisers can log in or create an account. This means exercisers can work out as much as they want in your fitness center with Peloton at no cost to them.**

Enhanced security features

Enhanced security for your facility and exercisers, including timed auto-logout and PIN-protected device settings.

Dedicated commercial support

Peloton is here to help, with devoted commercial service and support, a limited commercial warranty, and a marketing toolkit to help you promote Row+ Pro in your facility.

** Separate Pro Subscription required for each piece of equipment. Commercial Preventative Maintenance sold separately.

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Row+ Pro specifications

Measurements

Dimensions: 94" L x 24" W x 48" H (239 L x 61 W x 122 H cm)

Weight: 128 lb (58 kg)

Foot stretcher: Women's size 5 - Men's size 13.5

Exerciser requirements

Height range: 4'11" - 6'5" (150 - 196 cm)

Weight maximum: 300 lbs (136 kg)

Age minimum: 16+

Construction

Rail: Anodized and powder-coated aluminum

Hub: Molded plastic with embossed logo

Belt: Woven strap with contrasting red centerline

Handle: Easy-grip molded plastic and TPE

Resistance: Electronically controlled, nearly silent

User Comfort: Ergonomic seat and handle

Warranty: 3-year commercial limited warranty for touchscreen, components and labor (with 5 year limited warranty for frame), see details at **business.onepeloton.com/warranty-for-commercial-use**

Technology

Screen: 23.8" (60.5 cm) Full HD anti-reflective Multitouch, rotates up to 45° in either direction

Camera: Camera disabled

Sound:
- Compatible with Bluetooth® headphones
- Supports standard headphones through USB-C Adapter

Connectivity:
- WiFi 802.11 a/b/g/n/ac/ax - 2.4GHz & 5GHz
- 100 Mbps Ethernet compatibility through USB-C Accessory Port via USB-C-to-Ethernet adapter dongle (not included)
- Bluetooth® 5.2

Device pairing:
- Uses the Peloton Watch App to pair with Apple® or Wear OS watches
- Compatible with Bluetooth® Heart Rate Monitors & Headphones

Download/upload speeds:
- >10-15 Mbps, >2.5 Mbps

Power requirements: 100 V to 240 V, 50 Hz to 60 Hz, 3.25 A Max

Network requirements

Recommended Requirements
- Physical Connection
- Wired Connection recommended (through USB-C ethernet adapter, not included)
- WiFi with WPA3 5Ghz or 2.4 Ghz band
- WPA2 supported

Download speed / Upload speed
- >10 Mbps, >1 Mbps

Firewall:
- All outbound traffic is allowed
- No Captive Portal
- No URL Filtering Direct Internet Access (No Proxy)

IP address assignment
- Dynamic DHCP is recommended
- Static DHCP is supported
- Public IP not required

Not Supported:
- Remote management

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